



Southern Regional School District

Middle School Athletic Department

609-597-9481x 4202

All student athletes must complete the following:

- Athletic Permit
- Athletic Physical



"Home of the Rams"

TO: Current 6th graders, students who will enter SRMS in Sept. 2010
 FROM: SRMS Athletic Director
 DATE: May, 2010
 RE: Students who wish to play sports at SRMS

ATHLETIC PERMITS:

Students who wish to participate in a FALL sport in 2010 must return an Athletic Permit (a single lavender paper) to your school's main office no later than **Friday, June 4.**

It is essential that all information on the Athletic Permit is filled out completely and correctly so the coach has your contact information. Be sure to indicate what sport you wish to play. The choices this year are Boys Soccer, Girls Soccer, Boys Cross Country, Girls Cross Country, Girls Field Hockey, and Football. A copy of the Athletic Rules and Regulations governing Southern Regional Middle School Athletics is posted on the district's website under Middle School Athletics (srsd.net). If you need a hard copy mailed to you, please call 597-9481 x4202.

Students who wish to participate in a WINTER or SPRING sport (cheerleading, basketball, wrestling, baseball, softball, track) in 2010-11 will receive their Athletic Permit from the coach at the informational meetings that will occur during the school year. **Only students who will play a fall sport must complete and return the Athletic Permit by June 4.**

ATHLETIC PHYSICALS:

All students participating in an interscholastic sport (fall, winter & spring) must pass a physical examination for the 2010-11 school year. You have the choice of using your own doctor or the school physician. If you are using the school physician, please note the dates below. All physicals (for all sports) provided by the school physician will be done during the summer. Southern Regional **will not** provide athletic physicals during the school year. (All of the sports physical information is in a white packet given to interested students.) Only school forms will be accepted. **ALL students who will use the school physician for their physical (for fall, winter or spring sports) must return the physical packet by June 4.**

June 8 - current 7th & 8th graders who will play a fall sport and incoming 7th graders who will play football

Aug. 17 – any incoming 7th grade student who will play a fall sport; and all female athletes playing a winter or spring sport

Aug. 24 – all 2010-11 male students who will play a winter or spring sport

Aug. 31 – by appointment only; contact Bob Schoka at 597-9481 x 4202

****Check srsd.net after July 1 for physical times and locations.**